



16TH ANNUAL Know Your NUMBERS HEALTH FAIR

May 9th & 10th-Cumberland

1705 16th Avenue
Cumberland WI 54829 OR

May 11th-Turtle Lake

632 US Hwy 8
Turtle Lake WI 54889

6:00-9:00 AM

For the most accurate test results,
do not eat or drink anything (except
water) 12 hours prior to testing. A
free breakfast will be provided,
along with healthcare displays,
giveaways & more!

Get Free Screenings & Information

Blood Pressure
Total Cholesterol, LDL, HDL
Triglycerides
Blood Glucose
Diabetic Foot Screening
-1-Minute Diabetes Risk Test
Body Composition
-Must wear shorts
Balance Assessment
Height/Weight
Body Mass Index (BMI)



CUMBERLAND
H E A L T H C A R E