

## Direct Access Testing

In keeping with our mission to provide exceptional quality care, every step of the way, we are pleased to offer a selection of laboratory health profiles. These are conducted by the Cumberland Healthcare Laboratory, designed to evaluate your current health status via a simple blood draw—at a discounted price. A physician's order is not required.

Direct Access Lab Testing is for those who want to learn about their health status without large out-of-pocket expenses.

Direct Access Testing allows individuals to request laboratory tests and receive results without a provider's orders or insurance involvement. An appointment is necessary.

You will receive education information with your test results.



### Contact Phone Numbers

#### **Cumberland Healthcare**

1705 16th Avenue  
Cumberland, WI 54829  
715-822-7500

#### **Cumberland Healthcare**

##### **Turtle Lake Center**

632 US Hwy 8  
Turtle Lake, WI 54889  
715-986-2022

## DIRECT ACCESS LABORATORY TESTING

---



## Personal Diagnostic Health Care









*Available Monday—Friday  
8:00 AM—4:00 PM*



**CUMBERLAND**  
H E A L T H C A R E

## For individuals who want to order their own laboratory tests

### What you need to know:

-  A provider's order is not required for these tests.
-  An appointment is necessary.
-  Anyone under the age of 18 must be accompanied by a parent or guardian.
-  You must pay for the test(s) in advance by cash, check, health savings card or most credit cards; insurance will not be billed.
-  Please have a picture ID available at time of service.
-  The results will be sent to you in your patient portal or mail. You are encouraged to share them with your healthcare provider.
-  These tests are available Mon-Fri at our hospital and Turtle Lake Center location by appt.
-  You are responsible for contacting your provider regarding your test results.

TESTS MENU	PRICE
<b>Basic Metabolic Profile (BMP)</b> (includes BUN, calcium, chloride, CO <sub>2</sub> , creatinine, glucose, potassium, sodium) **8 Hour fast required for best results**	\$30
<b>Blood Type (ABO/Rh)</b> Not for legal or forensic purposes	\$30
<b>Complete Blood Count (CBC)</b> (includes white and red blood counts, hemoglobin, hematocrit, MCV, MCH, MCHC, RDW, platelet count)	\$30
<b>Hemoglobin A1C</b>	\$25
<b>Lipid Medication Monitor Panel</b> (includes lipid panel, ALT, AST) **12 hour fast required for best results	\$35
<b>Microalbumin (urine)</b>	\$30
<b>Pregnancy Test (urine)</b>	\$15
<b>PSA</b>	\$45
<b>TSH</b> (thyroid stimulating hormone)	\$35
<b>Vitamin D</b>	\$40
<b>Kit Draw/Processing</b>	\$70
<b>Blood Draw Fee</b>	\$5

### What you need to do:

Call 715-822-7500 to make an appointment at our hospital or Turtle Lake Center location. Appointments are available from 8:00 am-4:00 pm Monday-Friday. Check in at the front desk and ask for Direct Access Testing.

Please note you will be expected to pay for the tests at the time of service.

If you have any questions, please contact your healthcare provider. For more information, contact Cumberland Healthcare at 715-822-7500.

